

Newsletter #6 By Helen Paige

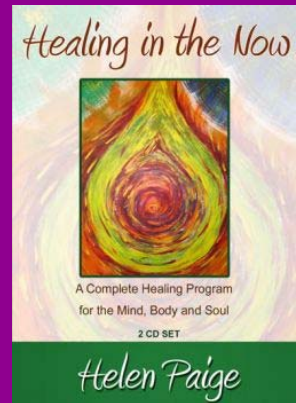
A warm hello to you all both within Australia and around the globe. Those of you in Melbourne Australia will know how cold it is at the moment, but at least we have lots of winter sunshine. I have been on 'consultation sabbatical' for the past month and a half, and it's been a fun but also challenging time - fun because I've been working on some creative projects as well as playing more with the kids, but challenging because I've been feeling somewhat empty at the same time. Sometimes, the fear of being empty scares us the most in our lives and we have a habit of filling this emptiness up with thinking, work, others and really just anything as long as we feel "full". I know from a psychological perspective an erratic and insatiable appetite is often due to feeling empty in terms of thinking and knowledge. Yet, it is only through the emptiness that we can contact the Divine essence in our lives - God, Buddha, Allah..... and so on. It doesn't matter what you call it, but the Divine essence IS IN THE EMPTY SPACE. That's why we get sick, lose jobs etc - this is a great gift of empty space and through this emptiness we connect back to the higher part of ourselves and create miraculous change that we couldn't do when we were so called 'full'. In finding this emptiness myself during this past month, I feel as though I have strengthened my own connection to that powerful Divine force, by bringing its awareness more fully into my life, so that the voice of my own past conditioning is not nearly so loud anymore.



What will you do today to create some more emptiness in your life and consciousness - meditate, be more present, take time out???

WHAT'S NEW

1. One of the main reasons I took some time off this last few months has been to allow my body time to fully heal. You see, since late last year I was becoming increasingly drained, weak and ill. My nervous system just kept crashing every few weeks, not matter how easy I took it or what else I did. No matter what treatments I had with other practitioners, it never lasted. Sure enough in a few days after a healing, I would be back to being unwell. Turning my own intuition inwards I could tell what was happening, but all the medical and even alternative healers couldn't work out how to fix it. Then one day I realised that if I was to ever get better, I would need to heal myself. What a lesson given how I am always nagging my family, friends and clients to do the same. This is after all my main catch cry: 'Helen Paige - Illuminating the Path to Self Healing', and yet here I was not doing the same!!! Well, eventually after I had a mini tantrum, I decided if it



PRE-ORDER 'HEALING IN THE NOW - A Complete Healing Program for Mind, Body and Soul' during the month of July, you will receive \$50 off any of my upcoming workshops, and a free 'Guardian of the Light' book or CD (you choose which you would prefer)! Get in quick by either emailing info@medicalintuition.net.au or **ordering online** at:

www.medicalintuition.net.au at the Online Shop

The CD features:

- A guided Angelos Medical Intuitive Healing
- A morning meditation designed to switch on the 12 healing centres of the body
- A breath awareness meditation
- A sound meditation which corrects you physically from head to toe!!
- A weightloss meditation

was going to be, it was up to me. I worked over the whole of May developing meditations, and sound healings that would heal me. I listened to these for three weeks and the result has been truly miraculous!!! I feel so blessed to now feel better than ever!! Not only has this experience taught me how my clients must feel - being unwell, and never being able to know what is the matter or how to make it better - but it has also taught me the true power of the healing I practise. It's one thing to preach it, but another thing altogether to experience it personally.

So, as a result of using the meditations I designed to heal myself, it seemed only logical to get them professionally recorded for those that cannot come for personal consultations either because logistically this is not possible, or because I am booked out for a long time in advance. The new Self Healing CD will be released in August, titled '**HEALING IN THE NOW - A Complete Healing Program for Mind, Body and Soul**'. It is a two CD set designed to be used at any time as often as you wish to heal the mind, body and soul. It is equivalent to 10 sessions with me, yes truly - on it is what you would do over ten sessions with me in person!! It will be priced at \$120 Australian dollars (which is the cost of one consultation), and you will be able to use it over and over again. For those that have already seen me in person before, this is a great way to keep yourself totally healed every day in every way!! For those that have never been for a consultation, this CD can replace the need to see me altogether.

SPECIAL OFFER

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- A weightloss meditation designed to accelerate weight loss
- AND four amazing Qi Gong meditations for self healing

NOW YOU HAVE TO ADMIT, THAT IS AMAZING VALUE - Over 4 CD's in one!!!!!!

PLUS a 100% MONEY BACK GUARANTEE. If after 30 days of using the Healing in the Now CD package, you are not feeling better, more alive and full of energy, return your CD's no questions asked, for a full refund, and keep the extra gifts!!

2. I will begin consultations once again in August 2009, but have amended the pricing. So the new pricing will be as follows:

- First time client: The first healing session is \$220 and includes the 'Healing in the Now' self healing CD's. All sessions thereafter \$120. BUT, you may not need any more sessions after the first as you will be

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working with the CD. Remember the whole point of the CD is to render it unnecessary to have healings with me!

- Regular or past clients - healing sessions will still be \$120 as always, with no requirement for CD purchase (but highly recommended).

- Trance Channelling sessions: \$150 per session.

ALL SESSIONS ARE OF ONE HOUR DURATION.

- Combined Healing and Channelling: This session takes 1.5 hours and involves a healing, plus whilst you are on the table being corrected you also have a channelling, asking any questions you like. First time clients \$250 for the first session, and \$150 thereafter. Regulars - \$150.

3. EMPOWER EVENTS

The next workshop I am running is on this coming Sunday and it is such an important one as I would guess that about 80% of a healing is based on erasing the past, because most physical and emotional imbalances stem from the past (past lives, our past in this life, and our ancestors past). So if it feels right for you now is the time to enroll!! For those of you already enrolled, see you on Sunday!

SUNDAY 19 JULY 2009

NO MORE HISTORY!

EXPAND past your family history and past life situations that impact you in this current life. Learn how to release long standing genetic and non genetic issues coming from your family or past life events.

Many ailments and emotional patterns actually do not stem from this life and this existence. Belief systems that seem to cross down through many generations can have debilitating effects on you and your children. This workshop will explore the world of how family relations can affect subsequent generations and how to break this pattern utilising easily taught techniques that really work!

Issues stemming from past lives will also be dealt with through this one day workshop where you will be shown how to release any past life events that may be hampering your current life situation. The techniques taught for this have been given by spirit and are so easy to learn and very effective. You will love the freedom of knowing you can step outside the constraints of the past and simply return to living IN THE NOW!

TO BOOK FOR A WORKSHOP VISIT THE WEBSITE AT:

http://www.medicalintuition.net.au/index.php?option=com_content&task=view&id=29&Itemid=45

4. CERTIFICATE IN MEDICAL INTUITION

Now I can appreciate all of you out there interested in undertaking the Certificate in Medical Intuition in September of this year, waiting and waiting to hear what is happening. Well, its not that I have been remiss in letting you know but rather that I am working behind the scenes to get this accredited. This is happening slowly because running and assessing students in such a course is a huge undertaking, and I need to make sure that it is just right, as I want to contribute towards the training of truly competent Medical Intuitive.

Therefore I have decided that in September over the six days from Monday 28th September until Sunday 4th October (with Saturday being a day off), I will once again run the Empower Events, which will now be a pre-requisite for the Certificate. Following on from this there will be one on one training which will need to be completed with me personally, plus the required case studies. Upon completion of these,



ANGELOS INSTITUTE
of Holistic Healing

you will be eligible to receive a Certificate in Medical Intuition, with full accreditation, allowing you to have full insurance and work as a Medical Intuitive. I feel that the one on one training will produce Medical Initiative's of greater substance and even though this is much more work for me, I know it will pay off for you all! The cost of the full 6 days will be \$150 per day. If you have already completed some of the workshops then you only need to do the ones you missed:

Day 1: Introduction to Medical Intuition
Day 2: Energy Medicine
Day 3: No More History
Day 4: Advanced Energy Healing Secrets
Day 5: Healing Power Centres of the Body
Day 6: Divine Inspiration

When the accreditation is finalised, I will let you all know how many hours of one on one training will be required, but I am guessing around 6 hours plus 5 case studies. I do apologise for stuffing anyone around, but this is a work in progress, and I do want to get it right! If you want any further clarification please call me personally on (03) 9375 3030.

Well done for reading this far!!!
Love and Peace

Helen Paige

CHANNELLED MESSAGE

Lady Penelope

Welcome bright and wonderful children. Be happy! Yes, I said be happy and rejoice as great wonders head towards the Earth. What is it that I speak of? Two great stars will shine most brightly upon you this coming month, and as this occurs, you will receive the gift of great clarity. So, what I am trying to say is, if you have been somewhat confused or unsure as to your future path, in the month of August this will become much more clearer, as the energy of all that is great in the Universe will illuminate your own truth back to you.

Let your heart be heard this new month, as it will finally be prepared to sing forth its beauty and wonder. Listen to it lovingly, not with judgement but with understanding. So much hard work on your soul has been done this year, and it will soon be time to rejoice as the first layer of this process draws to an end. But remember dear ones, nothing ever ends, for that would be pointless. You are on a never ending journey of the soul, and so you must remind yourself daily to enjoy this portion of the journey which is the evolution of your soul.

Now let me also add some practicality in these words that I put forth on this day. When you are feeling sad or energetically low, do not blame others or simply spew forth your energy as negativity back to others. Instead take this as a message that your SOUL needs some love and nurture. How do you nurture your soul?? Many ways dear ones: You may nurture it by pampering the physical that houses it (your body). You may nurture it by reading something enlightening or inspirational or even interesting. Most of all however, we are calling upon you at this time, to re-emerge to the place where you listen and learn from each other. This shall nurture you most of all. It is a time where many are finally breaking through their shells and sharing great knowledge and even simply their own truths through lectures, workshops and such events. Try to engage in as many of these as you can. Through doing

so during this time, you will not only find like minded people, but you will lift the subtle but distinct layer of sadness that sits upon humanity at this time. Support each other and learn together. Those of you that heed my words will benefit greatly!!! Go in peace,

Lady Penelope

PRODUCT RECOMMENDATION

I wanted to draw your attention to a product myself and my family swear by for good health. The product is called Water Purification Drops and it is amazing at strengthening the Immune System. When there is the slightest sign of illness we take one drop per hour until all the symptoms disappear. Just be warned, it tastes awful but is so worth it. Given I was recommending it orally to so many people lately, I figured I should just let you all know about it. To find out more have a look at the official website at www.miraclemineal.org. You can purchase some of these drops from Hallelujah Health Ministries if you are in Melbourne on 03 9737 0807.

BOOK RECOMMENDATION

I just had to recommend the following book to you: **A Return to Love, by Marianne Williamson**. Now some of you out there are probably thinking "where have you been Helen? This book has been around for years", but you know as well as I do, that you can't find the book, until you are ready for it, and it for you. What an amazing book! Based on the principles of the book 'A Course in Miracles' which is like a channelled bible, it truly illuminates the great truths of life, and gives you the ability to change your way of thinking to a way which is more free of ego and put simply it is ENLIGHTENING!!

Most of you would be familiar with the following statement included in Nelson Mandela's famous speech:

"Our deepest fear is not that we are inadequate. Our deepest fear is that we are powerful beyond measure. It is our light, not our darkness that most frightens us. We ask ourselves, Who am I to be brilliant, gorgeous, talented, fabulous? Actually, who are you not to be? You are a child of God. Your playing small does not serve the world. There is nothing enlightened about shrinking so that other people won't feel insecure around you. We are all meant to shine, as children do. We were born to make manifest the glory of God that is within us. It's not just in some of us; it's in everyone. And as we let our own light shine, we unconsciously give other people permission to do the same. As we are liberated from our own fear, our presence automatically liberates others."

Well, what most people don't realise is, this statement was borrowed from A Return to Love by Marianne Williamson, and it is truly indicative of the whole book! Marianne is so truthful and engaging with her writing style and she is one of the original mothers of the New Thought movement in the world. This is essentially one book you MUST READ!!!!!!

Have a great rest of the month!!

"When the darkness feels so overwhelming, help someone even in the littlest of ways, and you will once again see the light in you and in all others!" Helen Paige

**PLEASE FORWARD THIS EMAIL ON IF YOU THINK SOMEONE
COULD BENEFIT FROM READING IT!!**

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