



Newsletter #2 By Helen Paige

WHAT'S NEW

LAUNCH OF NEW WEBSITE

Hello. I hope you are all enjoying our last month of winter, before a busy and productive spring comes along.

I'm proud to announce that my new website:

www.medicalintuition.net.au or

www.helenpaige.com

is now officially up and running, so jump on for a look around. Over the next few weeks, there will be an e-shop added, online registrations for workshops, blogs, and lots of self help resources to improve your health and your life! Please feel free to email your feedback or suggestions for the site!

BOOK AND MEDITATION CD LAUNCH

The book and meditation CD, *Guardian of the Light*, featured on the right hand side are due to be released early September 2008, and a launch is now scheduled for Sunday 5th October 2008 (more details will be provided closer to the date).

NEW CREDIT CARD FACILITIES

I'm now also proud to offer Credit Card facilities as another method of payment for personal consultations, telephone consultations and workshops. I decided to add this capacity to make it easier for people to pay, as I understand it can be difficult posting payments, or making bank deposits.

Enjoy all the wonderful resources in the rest of the Newsletter and I look forward to connecting with you in the September Newsletter!

Love and Peace

Helen Paige

CHANNELLED MESSAGE

ARCHANGEL METATRON SPEAKS...

Children of the Light.



My soon to be released new book *Guardian of the Light* was channelled by me in six nights! In *Guardian of the Light*, amazing spiritual beings come forth to offer guidance and practical solutions to perhaps our most challenging question of all: **How can I heal physically, emotionally and mentally, on a deep and permanent basis?**

**TO BE RELEASED
SEPTEMBER 2008**



Guardian of the Light - Self Healing Meditations includes six channelled meditations (from the book) which have been recorded to an awe inspiring soundtrack to

*I am here to remind you that you have the inherent ability to transform all darkness into light, all negative into positive and all fear into love. This occurs instantly if you choose it to be, simply through your thoughts. This matter of living a peaceful and successful life is not a difficult matter - instead understand that this is a simple process and it is just through your thinking that you complicate this matter and create blocks in your pathway. The way forward involves understanding that you have all the resources that you need inside you **right now**. There is nothing that you need from another. Nothing that another has that you have somehow missed out on. There is also no human problem that cannot be solved or overcome, and this process happens from the inside out, not the other way around.*

This is why we encourage you all to spend time with those of light, bright and positive vibrations; to spend time in nature; to travel; to love and to GIVE. All of these actions provide you with inner healing and prosperity, so when it comes time for you to THINK about what you want in your life, you are more likely to think clearly and understand that it is easy to attain.

In the eyes of heaven, the only difference between a person on earth that receives everything they desire and one that does not, is the power of their INTENT and the strength of their KNOWING that they will receive it. This means that all you really need to do to receive all that you desire is to BELIEVE that there is no other option than to receive it. Any hidden belief or thought that says otherwise will continue to block you, until it is released. There must be complete purity of thought, action and deed. You MUST REALLY believe this. When you do, EVERYTHING CHANGES!!!

Go in peace.

Archangel Metatron

RECOMMENDED READING

I'm going to use this section of my newsletter every month to recommend a great self help book that I have come across or read myself. If anyone has one they can suggest or if you would like to do a review on a book you have read, please feel free to email me suggestions or written book reviews and I will include it with all of your details as the writer!

This month's featured book is:

THE DIVINE MATRIX: Bridging Time, Space, Miracles and Belief
By Gregg Braden

Gregg is an amazing author focussing very much on bringing together spirituality and science. I find he puts scientific explanations and

help you achieve the full potential of inner growth and healing. Through the meditations you will be guided to:

- Reconnect with love
- Free yourself from judgement
- Connect to your deep inner knowing and intuition
- Heal yourself physically, emotionally and mentally
- Manifest all that you desire in your life
- Increase your psychic abilities
- Connect once more with 'who' you really are

**AVAILABLE FOR PURCHASE
SEPTEMBER 2008**

OFFICIAL LAUNCH PARTY:

**SUNDAY 5th OCTOBER 2008,
11am - 1pm**

VENUE DETAILS STILL TO COME

PLEASE RSVP to Helen Paige on
(03) 9375 3030
or info@medicalintuition.net.au

**There is a limit of 50 guests
so be quick!**

evidence behind spiritual theories that I have known for years. This is really empowering, as it means "I'm not making all that I do up". IT IS REAL!!

Some of the key learnings in this book that stood out for me amongst many are:

- To tap the force of the universe itself, we must see ourselves as *part* of the world rather than separate *from* it.
- Feeling is the language that "speaks" to the Divine Matrix. Feel as though your goal is accomplished and your prayer is already answered. Not just any feeling will do. The ones that create, must be without ego and judgement.
- The minimum number of people required to "jump start" a change in consciousness is 1% of a population.
- The root of our negative experiences can be reduced to one of three universal fears: abandonment, low self-worth, or lack of trust.
- We must become in our lives the very things that we choose to experience in our world.

This book can be bought from the following online websites:

\$24.26 <http://www.seekbooks.com.au/book/The-Divine-Matrix/isbn/9781401905736.htm>

\$24.25 <http://www.booktopia.com.au/the-divine-matrix-bridging-time-space-miracles-and-belief/prod9781401905736.html>

Compare the postage between the two to see which one is better, or try your local book store.

PRACTITIONER RECOMMENDATION

There are so many great practitioners out in the world today that offer so much in the way of natural healing, so when I come across them I will provide some information about them in my newsletters.

This month I would like to share with you an amazing health practitioner who has developed one of the most amazing products I have been privileged to come across.

Susan Gianevsky is a well known Homoeopath, Health Educator and creator of *Be Free* homoeopathic formula. *Be Free* is a habit free formula designed to assist you to make positive changes that will restore balance to the mind and body. The *Be Free* formula, along with an increase in water throughout the day, will assist in gently detoxifying the liver as well as supporting the nervous system to ensure commitment and motivation continue throughout your day as you are becoming free from any habit, be it eating, smoking or any other.

I personally love my *Be Free* drops and you can imagine I am very selective as to what I take, even in terms of natural supplements. I

have also tested this product on the CoRe Inergetix Bio Equipment and it tests exceptionally high. It has personally helped me tremendously with reducing food cravings and a marked decrease in bloating and water retention. My husband says I should also add that it has reduced my moodiness!!

Read more at www.befreenow.com.au. Please contact me on (03) 9375 3030 in regards to where to purchase from or ask your local chemist or health food store to order some in for you! A 50ml bottle retails for \$29.95.

Susan is also running a High Tea workshop for women:

Learn about the 3 R's of Good Health and Wellbeing - Respect, Recognition and Reward

27th August 2008, 12.30pm - 4.30pm
at the
Langham Hotel, 1 Southbank Avenue, Southbank

COST: \$130, includes high tea (valued at \$35), workshop notes, and gift bag with inspirational gifts (to the value of \$80)

For more information please email or call Susan on 0417 534 778
susan@befreenow.com.au

UPCOMING WORKSHOPS

Have you ever had a sore back and wished you could correct it easily and instantly without the need for drugs??

Do you ever feel like there is an underlying sadness in your life and you can't quite seem to lift it?

Is there a family member you feel needs 'healing' but you don't know how?

The **Angelos Physical Healing Workshop** is designed to teach you authentic and time honoured healing techniques that will assist you to heal physically, no matter what your health condition. The techniques that are taught in this workshop are more than 2000 years old, and are non invasive and easy to do. These techniques will trigger the body into self healing mode. The last Angelos Physical Healing Workshop is being run on Saturday and Sunday **30-31 August 2008**, 10am-4pm.

The **Angelos Emotional Healing Workshop** will teach you all about the wonderful energy and spiritual healing practises that I myself use on clients. The techniques you will learn in this workshop will allow you to change long standing belief systems easily and quickly, shift any past life patterns, clear issues that have come through your family line, and raise your vibration to a new level of being. Students of the last course were most impressed by all they left being able to do!! The last Angelos Emotional Healing Workshop is being run on Saturday and Sunday **11-12 October 2008**, 10am-4pm.

Please call me on (03) 9375 3030 or visit <http://www.medicalintuition.net.au/certificate.html> for more information or a booking form for either course.

“Light truly equals love...all that exists is simply love. Allow yourself to connect with this love, for it is infinite. “

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